



Fountain

TAEKWONDO



ALL STUDENT'S SCHEDULE - EFFECTIVE AS OF October 6, 2020

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
TIGER CUBS (4-6 YRS OLD)	4:00pm	1:00pm	6:00pm		5:00pm	9:00am
JR. WHITE, YELLOW (6-11 YRS OLD)	4:30pm	12:00pm 4:00pm	6:30pm		12:00pm 5:30pm	9:30am
JR. Green & Blue (6-11 YRS OLD)	5:30pm	12:00pm 6:00pm	4:00pm		12:00pm 6:30pm	11:30am
JR. Brown - Black (6-11 YRS OLD)	6:30pm	12:00pm 5:00pm	5:00pm		12:00pm 4:00pm	12:30pm
TEEN WHITE - BLACK (11-15 YRS OLD)	7:30pm	12:00pm 7:00pm	7:30pm		12:00pm 7:30pm	12:30pm
ADULT SKILLS (16+ YRS OLD)	7:30pm	12:00pm 7:00pm	7:30pm		12:00am 7:30pm	12:30pm
Adult S & C		8:00pm				
XP Program						1:30pm
Enthusiast Training						10:30am

MINIMUM CLASSES PER 2 MONTH CYCLE

•TIGER CUBS• •WHITE• 10	•YELLOW• 12	•GREEN• •BLUE• 14	•BROWN• •RED• •BLACK• 14
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Xtreme Performance - SCHEDULE

WEAPONS TRAINING

- Nun chucks

Enthusiasts (Instructors) SCHEDULE

Enthusiast's Trainings

6-12yr Old= 10/17, 11/14, 11/21

13+yrs Old= 10/17, 11/7, 11/21

CLASS ATTENDANCE

Due to social distancing we are still limited on space. Please still only attend 3 LESSONS PER WEEK (at this time).

STUDENTS ARRIVING LATE TO CLASS WILL NOT receive class credit! Late Students may NOT join class after 5 mins!

PERSONAL TRAINING – Cross training and individual sessions are encouraged 1 or more times weekly

TESTING EVALUATIONS – Students must test to earn new rank. Evaluations are a **VERY** important part of training. Students should make it their goal every cycle to be prepared for their upcoming Testing EVERY time.

Students can register for testing the Monday through Saturday two weeks before the testing by using the invitation link sent directly to your email.

TESTING CYCLE – There are six 8-10 week training cycles each year. Students are encouraged to meet minimum class attendance guidelines to be eligible to test. Class totals start over at the beginning of each cycle regardless of whether the student tested. Minimum class attendance does not guarantee advancement. These are minimums. Ideal attendance is 3 times weekly resulting in 24 or more classes per cycle. Minimum class attendance gives the student a minimum chance of passing their testing.

MAKE-UP TESTING'S – Make-Up Testing's are only allowed in special circumstances. Students wishing to test at a Testing other than the Primary Testing must obtain special permission and Pay Private Testing FEE of \$20extra.

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